



2011-2012 Schedule

MONDAY	
3:30 - 8:20 PM - WEST	
SHIVER	4:30-5:30 PM On Ice 5:30-6:30 PM Off Ice
SILVER	5:30 - 6:50 PM - 20 minute full coached Group - 60 minute Freeskate
GOLD	6:30 - 8:20 PM - 20 minute fully coached Group - 80 minute Freeskate
TUESDAY	
5 - 7:30 AM WEST & 4:30 - 6:20 PM - EAST	
SHIVER	6:00-7:30 AM On Ice
ZAMBUNNIES	4:30 - 5:20 PM On Ice 5:30 - 6:30 PM Off Ice
FROSTY TOT	5:30 - 6:00 PM
FROSTY TOT	6:00 - 6:30 PM
CANSKATE	5:30 - 6:20 PM
PRE POWER	6:30 - 7:00 PM
CANSKATE	6:30 - 7:20 PM
WEDNESDAY	
4:00 - 7:00 PM - EAST	
SILVER	4:30 - 6:40 PM - 40 minute Freeskate - 50 minute fully coached Group - 30 minute fully coached Off Ice Session (6:10-6:40)
BRONZE	4:30 - 5:00 PM Off Ice Session 5:10 - 6:00 PM Fully Coached
GOLD	6:00 - 7:20 PM - 30 minute fully coached Group - 50 minute Freeskate

THURSDAY	
1:00 - 7:00 PM - EAST	
HOT FLASHES	6:00 - 7:00 AM On Ice
SHIVER	4:30 - 7:00 PM On Ice
FRIDAY	
1:30 - 7:30 EAST	
ZAMBUNNIES	6:00 - 7:00 AM On Ice (every 2nd week)
SILVER	4:30 - 5:30 PM Open Session
GOLD	4:30 - 5:30 PM Open Session
CANSKATE	5:30 - 6:20 PM
BRONZE	5:30 - 6:20 PM Fully Coached
SATURDAY	
8:30 - 10:20 AM - EAST	
FROSTY TOT	8:30 - 9:00 AM
FROSTY TOT	9:00 - 9:30 AM
CANSKATE	8:30 - 9:20 AM
CANSKATE	9:30 - 10:20 AM